



THE  
ACADEMY OF ARTS



# Nicoie's ATTIC

**COMPANION CURRICULUM FOR ELEMENTARY**

*Teaching a Biblical Worldview of the Arts to the Next Generation*

Grades 3 and up



**COMPANION CURRICULUM  
FOR ELEMENTARY**

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## **Nicole's Attic Companion Curriculum for Elementary Teaching a Biblical Worldview of the Arts to the Next Generation**

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All scripture referenced is from the King James Version.

# LESSON PLANS

## WEEK 1

- Day 1: Introduction: Watch Nicole's Attic, Episode 1 (Workbook pg. 3)
- Day 2: Methods of Memory (Workbook, pg. 4)
- Day 3: Physical Memory (Workbook, pg. 5)

## WEEK 2

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- Day 2: A Costume Brainstorm! (Workbook, pg. 7)
- Day 3: Putting it into Practice! (Workbook, pg. 8)

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- Day 2: Creating a Stage Light (Workbook, pg. 10)
- Day 3: Creating Your Costume (Workbook, pg. 11)

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- Day 3: Learning the Pause (Workbook, pg. 14)

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## WEEK 6

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- Day 2: Making Glow Tape (Workbook, pg. 19)
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## WEEK 7

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- Day 2: The Language of Music (Workbook, pg. 22)
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# LESSON PLANS

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- Day 3: Every Good Gift (Workbook, pg. 38)

## WEEK 13

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- Day 2: Take a Deep Breath (Workbook, pg. 40)
- Day 3: A Sigh of Relief (Workbook, pg. 41)

## WEEK 14

- Day 1: Taking Time for Gratitude (Workbook, pg. 42)
- Day 2: Planning Your Cast Party (Workbook, pg. 43)
- Day 3: Put On Your Party Hats! (Workbook, pg. 44)

## RESOURCE SECTION pg. 45-52

\*We will reference this section in various lessons throughout the course.

### 28-WEEK CURRICULUM EXAMPLE

*\*This course can also be extended to a yearly (28-week) curriculum by expanding the lessons to one lesson/week on odd weeks and two lessons/week on even weeks.*

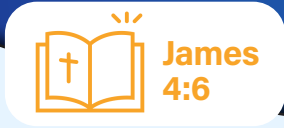
**Week 1: Day 1 Lesson**

**Week 2: Day 2 and Day 3 Lessons**  
(on your days of choice)

**Week 3: Day 4 Lesson**

**Week 4: Day 5 and Day 6 Lessons**  
(on your days of choice)  
Etc.

Memory Verse



# WEEK 1, DAY 1

## Introduction: Nicole's Attic

### EPISODE 1



**Welcome to Nicole's Attic!** I'm so excited to share all the treasures from this special place with you! We talked about a lot of things during your first visit to the Attic today, so let's take a minute to remember some of them!

I showed you some of my favorite STATIONS around the Attic. What was the one you were most excited about?

Look around your schoolroom workspace. Where would you set up YOUR stations?  
Draw a picture below of your room and where your costume and prop stations could go!



We also got a special letter from Isabella in the mailbox today! She has to perform a poem at her school, but what did she mention being a little nervous about in her letter? \_\_\_\_\_

**You've got it!** We can all feel what is called "**self-conscious**" in new situations or in places where we might have to be in front of a crowd of people. But my dad, Dr. Nicky Chavers, helped me understand what it means to be self-conscious. Help me fill in the blanks from his definition below:

**"Self-consciousness is consciousness of \_\_\_\_\_; and that is \_\_\_\_\_!" -Dr. Chavers**

When we focus on ourselves, that fear only grows and stops us from doing what God is asking us to do! BUT we also talked about a cure for **self-consciousness**! Do you remember what it is? Write it in the blank below:

Instead of being conscious of yourself, be conscious of your \_\_\_\_\_.

Let's take a minute to think about the messages of the poem we'll be working on. You can find it in the Resource Section on page \_\_\_\_! What message or lessons can the poem teach us? **You can draw or write them below!**



# WEEK 1, DAY 2

## Kinds of Memory

### EPISODE 1

We talked in our last lesson about a true definition of shyness or “self-consciousness” and overcoming it to be able to use the gifts that God has placed inside all of us! If you remember Brinton coming on the show, he shared another practical reason we might sometimes feel shy or afraid. Write what it was below:

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Today, we’re going to focus on the 3 kinds of “memory” that can help us be better prepared! Do you remember what they are? Write and draw them beside their answers below:

1. \_\_\_\_\_ Memory
2. \_\_\_\_\_ Memory
3. \_\_\_\_\_ Memory



You have your poem (*The Hidden Flower*), so let’s work on that first kind of memory: Muscle Memory! Take some time to say your poem 5-10 times in a row. (Remember to say it with lots of expression, thinking about the message!) Once you’ve done that, turn your paper over and try saying as much as you can from memory! Don’t be discouraged if you don’t get it perfect on the first try, just keep repeating this process every day or night until you have it nailed down!

Another way to help with muscle memory is to WRITE OUT the piece you’re trying to memorize. You can use our template in the Resources section to fill in the blanks, then to write out the whole poem when you’re ready to test your memory!

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**Great job today!** I can’t wait to work on memory in more detail tomorrow!

# WEEK 1, DAY 3

## Physical Memory

### EPISODE 1

**We talked a little bit about the second kind of memory**, Emotional Memory, on Day 1 when you listed out some messages from your poem! So now, let's think through the third kind of memory! Do you remember what it is? (It's ok to look back if you need to!) Write it below:



One way we can add this Physical Memory is by creating gestures and creating melodies with our voice to match what our words are helping the audience picture! Let's practice this together below. We're going to walk through your poem one thought at a time, and create gestures (motions) and melodies (how we "sing" the lines) that help communicate your message (You can rewatch Episode 1 to see an example of how I created these with Brinton).

**Thought #1:** "Deep within the jungles of lands so far away"

What is a gesture/motion you could make with your arms, your face, and your voice to communicate the lands so far away? Demonstrate it to your parents or siblings!

**Thought #2:** "There grow the prettiest flowers that bloom at break of day"

What is a gesture/motion you could make with your arms, your face, and your voice to communicate the flowers that bloom? Demonstrate it to your parents or siblings!

Now, I'll list the rest of the thoughts below for you to practice and assign gestures and melodies to on your own! You can write them below, or practice them in person with your parents or siblings!

**Thought #3:** "They open wide as noon time comes, their colors rich and bright"

**Thought #4:** "But as the sun fades in the West, they wither in the night"

**Thought #5:** "No human eye looks through the trees to see God's beauty there"

**Thought #6:** "And yet He paints them anyway and gives them special care"

**Thought #7:** "And so it is with talents, God plants them deep within"

**Thought #8:** "Sometimes they're seen by all the world, and sometimes just by Him."

**Great job today!**



# WEEK 2, DAY 1

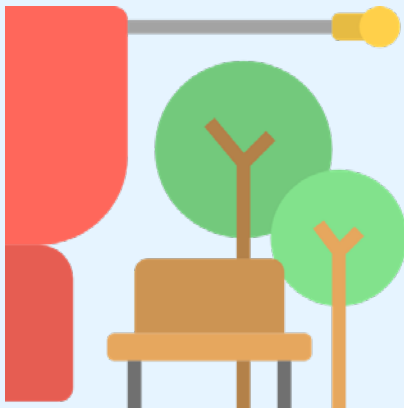
## Making a Prop

### EPISODE 1

**Last week**, we worked really hard to commit our poem to memory (and I'm sure you're still working hard on memorizing!)

**This week, we're going to add in 2 theater elements** that will help you communicate the message even more clearly and powerfully: Props and Costumes!

**Let's start with creating a prop** to accompany your poem. Brinton and I gave you an example of making a "flower" prop to hold over your face while you say the poem, and we've made a special video to walk you through each step! I'll list the supplies you need below, then you can follow along with the video and make your flower with my friend, Elaine! (Watch "Making a Flower" Resource Video)



#### Flower Materials:

- Cardboard
- Scissors
- Hot Glue + Hot glue gun (or Elmer's Glue)
- Popsicle sticks
- Paint (whatever color you want your flower to be!)
- Paintbrushes
- Drop cloth or towel
- Bowl
- Pencil or Pen



**Have fun creating your prop!** When you get finished, you can take a photo and attach it below, and if you want, send it to my special mailbox at the address below to show me how it turned out!

Nicole's Attic  
80 School Street  
Taylors, SC 29687

# WEEK 2, DAY 2

## A Costume Brainstorm!

### EPISODE 1

**Now that you've got your prop made**, let's think through a costume you could wear when you get ready to perform your poem. List out some of your ideas below! Once you've got a few good ones, put them to a vote with your parents or siblings! They might even give you more good ideas! Write or draw a few ideas below:



**Brainstorm:**



We'll work a little more on how to create our costume in another lesson, but you can start preparing by asking your parents what items from around your house you can use, or ask to visit a thrift store or costume shop to get your creativity going! **This part is super fun, and your imagination is unlimited!**

# WEEK 2, DAY 3

## Putting it into Practice !

### EPISODE 1

Memory Verse



James  
4:6

**Whew! We have covered a lot of ground these last two weeks**, and this is just the beginning! Each week we will get closer and closer to performing your poem as we learn and grow together!

We're also going to begin working on a memory verse for each episode that we watch (look for the memory verse icon throughout this book). I've included ours for these last two weeks below, so you can start becoming familiar with it for the next lesson! (Hint: it has a lot to do with what we talked about on our first day about "self-consciousness!")

**"But he giveth more grace. Wherefore he saith,  
God resisteth the proud, but giveth grace unto the humble."**

James 4:6



If you'll go through this course with a humble heart, I know God will give you grace to learn and grow in communication and in the arts!

**Now that we've done all this work together**, let's wrap up this week by doing one last thing to help us defeat any self-consciousness and relax. **Let's play some games!**

**We've included 2 Resource Videos of the games from Episode 1** for you to play with us, then keep playing on your own! So grab your parents, siblings, or friends and watch the Strike a Pose Resource Video and the Freeze Game Resource Video. Take some photos and attach them below or draw some pictures of some of the funniest moments from the games! I know you'll have a blast, and I can't wait to see you again in Nicole's Attic next week!





## THIS ENDEARING CHILDREN'S SERIES TAKES PLACE IN THE MOST UNLIKELY OF SETTINGS - AN ATTIC!

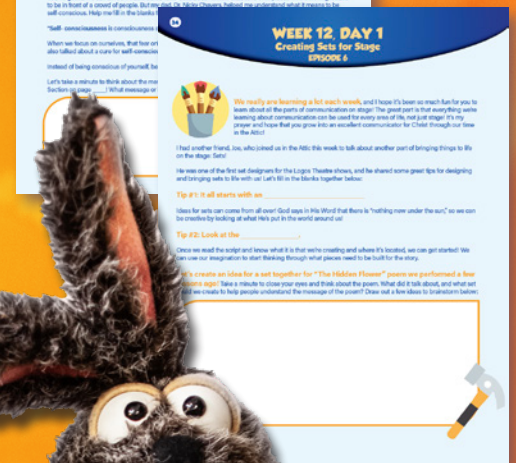
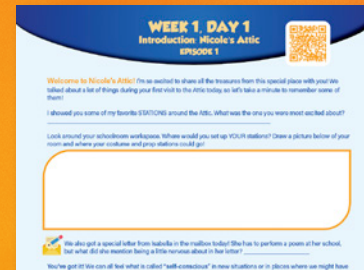
Join Nicole Stratton, the Artistic Director for The Academy of Arts Logos Theatre, and her furry sidekick, Fidget, as they take your students on an exciting adventure to learn the fundamentals of drama, music, dance, lighting, props, costumes, and so much more—all from a biblical worldview!

### THIS COMPANION CURRICULUM INCLUDES:

- 7 Video Episodes of Nicole's Attic
- 13 Resource Videos for additional instruction
- Companion Workbook of 42 lessons that can be completed in one semester (14 weeks) or over the course of one school year (28 weeks)



Whether Nicole is introducing you to new friends, teaching you a technical skill with her friend, Fidget, or inspiring you to be a better communicator, you can always count on a time of laughter and learning here in *Nicole's Attic*!



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